

## SPORTSCLUB FIVE FORKS POOL SCHEDULE: June - August

Anyone with children of the opposite sex over the age of 4, please use the family changing rooms!

**\*\*\*\*\*DHEC REGULATIONS REQUIRE: All children under the age of 14 must be supervised by an adult (18 years or older).\*\*\*\*\***

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim		
6:00	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim		
6:30	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim		
7:00	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim		
7:30	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim
8:00	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim
8:30	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim
9:00	AQUA FITNESS	Adult Lap Swim	FINNING	Adult Lap Swim	AQUA FITNESS	Adult Lap Swim	Adult Lap Swim
9:30	AQUA FITNESS	FLUID MOTION 9:30-10:15	FINNING	FLUID MOTION 9:30-10:15	AQUA FITNESS	Adult Lap Swim	Adult Lap Swim
10:00	MOM & ME	MOM & ME	MOM & ME	MOM & ME	Open Swim	TADPOLES	Adult Lap Swim
10:30	TADPOLES	TADPOLES	TADPOLES	TADPOLES	Open Swim	GUPPIES	Adult Lap Swim
11:00	GUPPIES	GUPPIES	GUPPIES	GUPPIES	Open Swim	DOLPHINS	Adult Lap Swim
11:30	DOLPHINS	DOLPHINS	DOLPHINS	DOLPHINS	Open Swim	MOM & ME	Adult Lap Swim
12:00	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Adult Lap Swim
12:30	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Adult Lap Swim
1:00	Open Swim	Family Swim	Open Swim	Kiddie Academy	Open Swim	Open Swim	Adult Lap Swim
1:30	Open Swim	1:00 - 3:00	Open Swim	Kiddie Academy	Open Swim	Open Swim	Adult Lap Swim
2:00	Open Swim	Lifeguard	Open Swim	Open Swim	Open Swim	Open Swim	Adult Lap Swim
2:30	Open Swim	on Duty	Open Swim	Open Swim	Open Swim	Open Swim	Adult Lap Swim
3:00	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Adult Lap Swim
3:30	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Adult Lap Swim
4:00	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Adult Lap Swim
4:30	TADPOLES	TADPOLES	TADPOLES	TADPOLES	Open Swim	Adult Lap Swim	Adult Lap Swim
5:00	GUPPIES	GUPPIES	GUPPIES	GUPPIES	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim
5:30	DOLPHINS	DOLPHINS	DOLPHINS	DOLPHINS	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim
6:00	AQUA FITNESS	FINNING	AQUA FITNESS	Adult Lap Swim		Adult Lap Swim	Adult Lap Swim
6:30	AQUA FITNESS	FINNING	AQUA FITNESS	Adult Lap Swim		Adult Lap Swim	Adult Lap Swim
7:00	Adult Lap Swim	FAMILY SWIM	Adult Lap Swim	FAMILY SWIM	FAMILY SWIM	Adult Lap Swim	Adult Lap Swim
7:30	Adult Lap Swim	7:00-9:00	Adult Lap Swim	6:00-9:00		Adult Lap Swim	Adult Lap Swim
8:00	Adult Lap Swim	Lifeguard	Adult Lap Swim	Lifeguard	6:00-10:00	Adult Lap Swim	Adult Lap Swim
8:30	Adult Lap Swim	on duty.	Adult Lap Swim	on duty.		Adult Lap Swim	Adult Lap Swim
9:00	Adult Lap Swim		Adult Lap Swim		Lifeguard	Adult Lap Swim	Adult Lap Swim
9:30	Adult Lap Swim		Adult Lap Swim		on duty.	Adult Lap Swim	Adult Lap Swim
	POOL CLOSSES at 10:00PM						