



SPORTSCLUB

Five Forks

Winter 2011-2012 Gym Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:30am-12:00pm Full Court Pickup	5:30am-8:30am Full Court Pickup	5:30am-8:30am Full Court Pickup	5:30am-8:30am Full Court Pickup	5:30am-8:30am Full Court Pickup	5:30am-8:30am Full Court Pickup	7:30am-12:00pm Youth Programs/ Special Events
12:00pm-4:00pm Open Court Family	8:30am-12:00pm Open Court Family	8:30am-12:00pm Open Court Family	8:30am-12:00pm Open Court Family	8:30am-12:00pm Open Court Family	8:30am-12:00pm Open Court Family	12:00pm-4:00pm Full Court Pickup
4:00pm-10:00pm Open Volleyball until Jan 15	12:00pm-2:00pm Full Court Pickup	12:00pm-2:00pm Full Court Pickup	12:00pm-2:00pm Full Court Pickup	12:00pm-2:00pm Full Court Pickup	12:00pm-2:00pm Full Court Pickup	4:00pm-10:00pm Open Court Family
VB LEAGUE PLAY BEGINS JANUARY 15	2:00pm-5:30pm Open Court Family	2:00pm-5:00pm Open Court Family	2:00pm-5:30pm Open Court Family	2:00pm-4:30pm Open Court Family	2:00pm-5:00pm Open Court Family	
	4:30pm-5:30pm Fitness Program (1/2 the gym)	5:00pm-6:30pm Sportsclub Swim Team Training	4:30pm-5:30pm Fitness Program (1/2 the gym)	4:30pm-5:30pm Sportsclub Swim Team Training		
	5:30pm-8:00pm Full Court Pickup	6:30pm-10:30pm Open Court Family Until March 20	5:30pm-8:00pm Full Court Pickup	5:30pm-7:30pm Full Court Pickup	5:00pm-10:30pm Open Court Family	
	8:00pm-10:30pm Open Court Family	BB LEAGUE PLAY BEGINS MARCH 20	8:00pm-10:30pm Open Volleyball	7:30pm-10:30pm BB LEAGUE PLAY BEGINS MARCH 22		

GENERAL GUIDELINES:

During scheduled Volleyball times, basketball players are asked to leave the court.

Ask about our Basketball & Volleyball Leagues!

If there is no scheduled event during PROGRAM or LEAGUE PLAY times, court will be open to families

Court may be closed at any time for a scheduled event or cleaning.

OPEN COURT: Adults & children* welcomed. PICK UP GAMES NOT PERMITTED at this time.

*Parent must be on the court with the child under 14.

CHILDREN MUST BE ATLEAST 16 YEARS OLD TO PLAY PICKUP