



# Gymnasium Schedule

**Members and Guests must adhere to Rules & Regulations.**

| SUNDAY   | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   | SATURDAY  |
|--|--|--|--|--|--|---|
| <p>7:30AM-11:30AM<br/>OPEN COURT<br/>(Adults/Children)</p> <p>11:30AM-3:00PM<br/>FULL COURT<br/>PICK UP</p> <p>3:00PM-8:00PM<br/>VOLLEYBALL<br/>OPEN PLAY<br/>OR<br/>LEAGUE PLAY</p> | <p>5:30AM-11:00AM<br/>1/2 COURT/<br/>GROUP FITNESS</p> <p>11:00AM-2:00PM<br/>FULL COURT<br/>PICK UP</p> <p>2:00PM-4:30PM<br/>OPEN COURT<br/>(Adults/Children)</p> <p>4:30PM-10:30PM<br/>FULL COURT<br/>PICK UP</p> | <p>5:30AM-11:00AM<br/>1/2 COURT/<br/>GROUP FITNESS</p> <p>11:00AM-2:00PM<br/>FULL COURT<br/>PICK UP</p> <p>2:00PM-4:30PM<br/>OPEN COURT<br/>(Adults/Children)</p> <p>4:30PM-10:30PM<br/>FULL COURT<br/>PICK UP</p> | <p>5:30AM-11:00AM<br/>1/2 COURT/<br/>GROUP FITNESS</p> <p>11:00AM-2:00PM<br/>FULL COURT<br/>PICK UP</p> <p>2:00PM-4:30PM<br/>OPEN COURT<br/>(Adults/Children)</p> <p>4:30PM-10:30PM<br/>FULL COURT<br/>PICK UP</p> | <p>5:30AM-11:00AM<br/>1/2 COURT/<br/>GROUP FITNESS</p> <p>11:00 AM-2:00PM<br/>FULL COURT<br/>PICK UP</p> <p>2:00PM-4:00PM<br/>OPEN COURT<br/>(Adults/Children)</p> <p>4:00PM-5:00PM<br/>FULL COURT<br/>PICK UP</p> <p>5:00PM-10:30PM<br/>VOLLEYBALL<br/>OPEN PLAY/LEAGUE</p> | <p>5:30AM-11:00AM<br/>1/2 COURT/<br/>GROUP FITNESS</p> <p>11:00AM-4:00PM<br/>FULL COURT<br/>PICK UP</p> <p>4:00PM-10:00PM<br/>OPEN COURT<br/>(Adults/Children)</p> | <p>7:30AM-9:30AM<br/>OPEN COURT<br/>(Adults/Children)</p> <p>9:30AM-1:30PM<br/>FULL COURT<br/>PICK UP</p> <p>1:30PM-5:00PM<br/>OPEN COURT<br/>(Adults/Children)</p> <p>5:00PM-8:00PM<br/>FULL COURT<br/>PICK UP</p> |

**OPEN COURT: Adults & children\* welcomed. PICK UP GAMES NOT PERMITTED at this time.**

\*Ages 8 & younger: Parent must be on the court with the child.

\*Ages: 9-13: Parent must be visible to the court (for example, Fitness Floor).

\*Children must be on a Family membership or pay \$5.\*

**You must be at least 16 years old to participate in Full Court Pick Up Games.**

## GUIDELINES FOR VOLLEYBALL:

During scheduled Volleyball "Open Play" & "League" times, basketball players are asked to leave the court.

Players are responsible for the set-up/take-down of the volleyball net.

Ask about our Volleyball Leagues!

**Court may be closed at any time for a scheduled event or cleaning.**