

Junior Tennis Clinic Descriptions

Tennis is a game for life that promotes sportsmanship, health, and confidence that can be learned at an early stage. How can you achieve this at Sportsclub? Check out our instructional and competitive components!

Instructional/Juniors

Individual Lessons: Schedule a private or semi-private lesson with one of our PTR Certified Professionals. You can even choose your own topic or stroke to concentrate on!

8 and Under Quickstart Tennis – Tuesdays/Wednesdays/Thursdays 3:30-4pm

An introduction to tennis using Quickstart methods for skill development, including low compression RED balls, mini-nets, and a 36 foot court.

10 and Under Quickstart Tennis for Beginners – Tuesdays/Wednesdays/Thursdays 4-5pm

Continued skill development using Quickstart methods, including low compression ORANGE balls and 60 foot courts.

10 and Under Quickstart for Advanced Players – Tuesdays/Wednesdays/Thursdays 4-5pm

Utilizing ORANGE balls with instruction for more advanced players

11 and Up Tennis for Beginners – Tuesdays/Wednesdays/Thursdays 4-5pm

Taking the step to a full court and regular tennis balls, this clinic will also utilize low compression balls in order to assist in a smooth transition.

11 and Up Intermediate to Advanced Juniors – Tuesdays/Wednesdays/Thursdays 5-6:30pm

Junior players looking towards tournaments and/or high school play who want to improve in all areas of the game, particularly shot development and point strategy.

Junior Team Tennis Pre-Match Clinic – Fridays 4-5:30pm

Intermediate to Advanced players 11& up. Year round clinic that, during Junior Team Tennis season, focuses on warm-ups drills and situational play.

Sportsclub Kids Specialty Camps

Looking for a half-day, week-long summer camp devoted to kids tennis? Sportsclub kids and Sportsclub tennis offer several camp dates, and sign-ups can be made by contacting Sportsclub Kids at 331-2530.

Note: All clinics, except team clinics, are open to members and non-members. Please contact the tennis office for rates and scheduling.

* QUICKSTART is a method of instruction developed by the USTA that uses foam and low compression balls as well as other innovations to develop the initial skills needed to learn how to play tennis.

Competitive/Juniors

Junior Team Tennis (Spring & Fall): Get your kids involved by joining a competitive and fun team here at Sportsclub! They will be grouped based on age and level (beginner, intermediate, or advanced). This is an excellent introduction for novice players and a way for more experienced players to broaden their skills and compete against other similar ages and talent. All players must be USTA members.

Junior Championships/Level 3 (March): Open to all Junior players regardless of ranking, this competitive tournament also has a full compliment of amenities.

