



SPORTSCLUB AQUATICS

GREENVILLE POOL SCHEDULE EFFECTIVE 9/5/22

NO ONE under 14, including children 11-13 who have completed Youth Experience, may use the pool without a parent or guardian (adult member over the age of 18). Parent/guardian must be within sight at all times. NO ONE under 14, including children 11-13 who have completed Youth Experience, is permitted in the Hot Tub, Steam Room, or Sauna.

Adult Swim	Pool reserved for our adult members
Swim Lessons	Fee based group swimming lessons, by registration only
Skids	Pool reserved for Sportsclub Kids
Little Duckies	Fee based group lessons for young children, by registration only
Open Swim	All independent or privately coached activities
Aqua Fitness	Pool reserved for instructor led group fitness class
Junior SwimClub	Fee based stroke clinic, by registration only
Pool Temperature:	A therapeutic 86° F
Pool Length:	15 Meters (52 round-trips=1 mile)

Please Note: Assigned lanes are reserved for class participants only during scheduled activities.
Pool is CLOSED during all Aqua Fitness or Fluid Motion classes.
Pool is CLOSED Wednesdays 4:00pm - 6:00pm for lessons, and 3:30pm - 4:00pm for Skids.

		5am	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm		
SUNDAY	Lane 1	Pool Opens 7:30am				Adult Swim				Open Swim				Adult Swim				Pool Closes 7:30pm			
	Lane 2	Pool Opens 7:30am				Adult Swim				Open Swim				Adult Swim				Pool Closes 7:30pm			
	Lane 3	Pool Opens 7:30am				Adult Swim				Open Swim				Adult Swim				Pool Closes 7:30pm			
	Lane 4	Pool Opens 7:30am				Adult Swim				Open Swim				Adult Swim				Pool Closes 7:30pm			
MONDAY	Lane 1	Pool Opens 5:00am	Adult Swim				Aqua Fitness 9:00-10:00 (pool closed)	Fluid Motion p.r.e.p. [®] friendly 10:15-11:15 (pool closed)	Open Swim				Swim Lessons 5:00-5:45	Aqua Fitness 6:00-7:00 (pool closed)	Open Swim				Pool Closes 10:00pm		
	Lane 2	Pool Opens 5:00am	Adult Swim				Aqua Fitness 9:00-10:00 (pool closed)	Fluid Motion p.r.e.p. [®] friendly 10:15-11:15 (pool closed)	Open Swim				Swim Lessons 5:00-5:45	Aqua Fitness 6:00-7:00 (pool closed)	Open Swim				Pool Closes 10:00pm		
	Lane 3	Pool Opens 5:00am	Adult Swim				Aqua Fitness 9:00-10:00 (pool closed)	Fluid Motion p.r.e.p. [®] friendly 10:15-11:15 (pool closed)	Open Swim				Swim Lessons 5:00-5:45	Aqua Fitness 6:00-7:00 (pool closed)	Open Swim				Pool Closes 10:00pm		
	Lane 4	Pool Opens 5:00am	Adult Swim				Aqua Fitness 9:00-10:00 (pool closed)	Fluid Motion p.r.e.p. [®] friendly 10:15-11:15 (pool closed)	Open Swim				Swim Lessons 5:00-5:45	Aqua Fitness 6:00-7:00 (pool closed)	Open Swim				Pool Closes 10:00pm		
TUESDAY	Lane 1	Pool Opens 5:00am	Adult Swim				Aqua Fitness 9:00-10:00 (pool closed)	Little Duckies 10:15-11:00	Swim Lessons 11:15-12:00	Open Swim				Aqua Fitness 5:45-6:45 (pool closed)				Pool Closes 10:00pm			
	Lane 2	Pool Opens 5:00am	Adult Swim				Aqua Fitness 9:00-10:00 (pool closed)	Little Duckies 10:15-11:00	Swim Lessons 11:15-12:00	Open Swim				Aqua Fitness 5:45-6:45 (pool closed)				Pool Closes 10:00pm			
	Lane 3	Pool Opens 5:00am	Adult Swim				Aqua Fitness 9:00-10:00 (pool closed)	Little Duckies 10:15-11:00	Swim Lessons 11:15-12:00	Open Swim				Aqua Fitness 5:45-6:45 (pool closed)				Pool Closes 10:00pm			
	Lane 4	Pool Opens 5:00am	Adult Swim				Aqua Fitness 9:00-10:00 (pool closed)	Little Duckies 10:15-11:00	Swim Lessons 11:15-12:00	Open Swim				Aqua Fitness 5:45-6:45 (pool closed)				Pool Closes 10:00pm			
WEDNESDAY	Lane 1	Pool Opens 5:00am	Adult Swim				Aqua Fitness 9:00-10:00 (pool closed)	Fluid Motion p.r.e.p. [®] friendly 10:15-11:15 (pool closed)	Open Swim				Little Duckies 4:15-5:00	Swim Lessons 5:15-6:00	Junior SwimClub 6:15-7:00	Adult Lessons 7:00-7:45	Pool Closes 10:00pm				
	Lane 2	Pool Opens 5:00am	Adult Swim				Aqua Fitness 9:00-10:00 (pool closed)	Fluid Motion p.r.e.p. [®] friendly 10:15-11:15 (pool closed)	Open Swim				Little Duckies 4:15-5:00	Swim Lessons 5:15-6:00	Junior SwimClub 6:15-7:00	Adult Lessons 7:00-7:45	Pool Closes 10:00pm				
	Lane 3	Pool Opens 5:00am	Adult Swim				Aqua Fitness 9:00-10:00 (pool closed)	Fluid Motion p.r.e.p. [®] friendly 10:15-11:15 (pool closed)	Open Swim				Little Duckies 4:15-5:00	Swim Lessons 5:15-6:00	Junior SwimClub 6:15-7:00	Adult Lessons 7:00-7:45	Pool Closes 10:00pm				
	Lane 4	Pool Opens 5:00am	Adult Swim				Aqua Fitness 9:00-10:00 (pool closed)	Fluid Motion p.r.e.p. [®] friendly 10:15-11:15 (pool closed)	Open Swim				Little Duckies 4:15-5:00	Swim Lessons 5:15-6:00	Junior SwimClub 6:15-7:00	Adult Lessons 7:00-7:45	Pool Closes 10:00pm				
THURSDAY	Lane 1	Pool Opens 5:00am	Adult Swim				Aqua Fitness 9:00-10:00 (pool closed)	Junior SwimClub 6:15-7:00	Swim Lessons 11:15-12:00	Open Swim				Aqua Fitness 5:45-6:45 (pool closed)				Pool Closes 10:00pm			
	Lane 2	Pool Opens 5:00am	Adult Swim				Aqua Fitness 9:00-10:00 (pool closed)	Junior SwimClub 6:15-7:00	Swim Lessons 11:15-12:00	Open Swim				Aqua Fitness 5:45-6:45 (pool closed)				Pool Closes 10:00pm			
	Lane 3	Pool Opens 5:00am	Adult Swim				Aqua Fitness 9:00-10:00 (pool closed)	Junior SwimClub 6:15-7:00	Swim Lessons 11:15-12:00	Open Swim				Aqua Fitness 5:45-6:45 (pool closed)				Pool Closes 10:00pm			
	Lane 4	Pool Opens 5:00am	Adult Swim				Aqua Fitness 9:00-10:00 (pool closed)	Junior SwimClub 6:15-7:00	Swim Lessons 11:15-12:00	Open Swim				Aqua Fitness 5:45-6:45 (pool closed)				Pool Closes 10:00pm			
FRIDAY	Lane 1	Pool Opens 5:00am	Adult Swim				Aqua Fitness 9:00-10:00 (pool closed)	Fluid Motion p.r.e.p. [®] friendly 10:15-11:15 (pool closed)	Open Swim				SKids 4:00-4:30 (pool closed)	Open Swim				Pool Closes 9:30pm			
	Lane 2	Pool Opens 5:00am	Adult Swim				Aqua Fitness 9:00-10:00 (pool closed)	Fluid Motion p.r.e.p. [®] friendly 10:15-11:15 (pool closed)	Open Swim				SKids 4:00-4:30 (pool closed)	Open Swim				Pool Closes 9:30pm			
	Lane 3	Pool Opens 5:00am	Adult Swim				Aqua Fitness 9:00-10:00 (pool closed)	Fluid Motion p.r.e.p. [®] friendly 10:15-11:15 (pool closed)	Open Swim				SKids 4:00-4:30 (pool closed)	Open Swim				Pool Closes 9:30pm			
	Lane 4	Pool Opens 5:00am	Adult Swim				Aqua Fitness 9:00-10:00 (pool closed)	Fluid Motion p.r.e.p. [®] friendly 10:15-11:15 (pool closed)	Open Swim				SKids 4:00-4:30 (pool closed)	Open Swim				Pool Closes 9:30pm			
SATURDAY	Lane 1	Pool Open 7:30am				Adult Swim	Aqua Fitness 9:00-10:00 (pool closed)	Little Duckies 10:15-11:00	Swim Lessons 11:10-11:55	Open Swim				Junior SwimClub 12:00-12:45	Pool Closes 7:30pm						
	Lane 2	Pool Open 7:30am				Adult Swim	Aqua Fitness 9:00-10:00 (pool closed)	Little Duckies 10:15-11:00	Swim Lessons 11:10-11:55	Open Swim				Junior SwimClub 12:00-12:45	Pool Closes 7:30pm						
	Lane 3	Pool Open 7:30am				Adult Swim	Aqua Fitness 9:00-10:00 (pool closed)	Little Duckies 10:15-11:00	Swim Lessons 11:10-11:55	Open Swim				Junior SwimClub 12:00-12:45	Pool Closes 7:30pm						
	Lane 4	Pool Open 7:30am				Adult Swim	Aqua Fitness 9:00-10:00 (pool closed)	Little Duckies 10:15-11:00	Swim Lessons 11:10-11:55	Open Swim				Junior SwimClub 12:00-12:45	Pool Closes 7:30pm						