



Little Duckies:

Sportsclub's Swim Program for Infants and Toddlers Six Months through Three Years of Age

Graduation from the Little Duckies program will allow children to enter the Ocean Adventures program at Level 3: Clownfish .



QUACKERS



WADDLERS



PADDLERS

Level One: Quackers	Level Two: Waddlers	Level Three: Paddlers
<p>This level is designed to help young children become comfortable in the water while bonding with their parent or caregiver.</p> <p style="text-align: center;">Graduation Requirements:</p> <ul style="list-style-type: none"> • Remains relaxed while being held in the water • Stays calm when held in a horizontal face down (face out of the water) position in the water • Stays calm when held in a face up horizontal position in the water • Kicks feet in the water • Reaches for toys happily • Attempts to blow bubbles with lips in water 	<p>This level is for Children who have completed the graduation requirements for the Quacker class.</p> <p style="text-align: center;">Graduation Requirements:</p> <ul style="list-style-type: none"> • Can wait patiently for their turn • No crying and full cooperation • Blow bubbles with mouth and nose for 2-3 seconds • Monkey walk/crawl along the wall • Jump into water holding parents hands • Back float calmly with head on parents shoulder for 10 seconds • Swim with noodle or other flotation devise while not being held 	<p>This level is for Children who have completed the graduation requirements for the Waddler class.</p> <p style="text-align: center;">Graduation Requirements:</p> <ul style="list-style-type: none"> • Enters and exits the water safely only when told to • Blow bubbles with mouth and nose under water for 3-5 seconds • Fully submerge face for 2-3 seconds • Jump into water with parent catching • Back float calmly with only a hand under their head for 10 seconds • Seahorse Jumps (Intro to bobs) • Glide from one adult to another with face in the water

To sign up for the Little Duckies contact the front desk at Sportsclub Greenville 288-7220

For more information contact the Aquatics Director